

JMCA Journal



2014 Legislative Session Wrap Up

By Paul M. Abosh, DC, CCSP, CCEP, CKTP

Summer is right around the corner and spring is finally here. One sure sign of this is that another legislative session has come and gone, and with it, there are some exciting things happening this year. As with all my articles, I want to thank a few people for all their help with our legislative efforts so far this year including: **Dr. Don Hirsh, Dr. Louis Crivelli, Dr. Audie Klingler, Mr. Mark Cohen**, the team at **Alexander & Cleaver** who do a fantastic job acting as our Lobbyist(s), and many others who I'm probably forgetting as I write this. Most of all, thank you to all who contribute either with their time or with money to our PAC.

First, let me touch on that last point. As many of you know, this is an election year. There are many great candidates running for many key positions including Governor, Lt. Governor, State's Attorney General, etc, as well as your representative for each of your districts. Whoever ends up in each of those roles will play a significant part in the future of our profession in Maryland, whether you realize it or not. Some are more influential than others, but all are important. It is vital that you look at each candidate, and vote for whoever each of you feel is best suited to help our profession reach its goals and not hinder our ability to practice or get compensated for practicing. Equally important is our ability, both individually and as a state association, to be able to support those candidates who will help us. This is the point where I make the pitch for PAC contributions. This is crucial in an election year, and we need help from each and every one of you. Remember, no matter how large or small the contribution to a candidate's campaign, they will remember who DID contribute and who DID NOT and their memory will extend to the time when crucial votes are needed for bills we either want passed or don't want passed.

For those of you at the MCA Business Lunch at the Spring Convention, we talked about Medicaid and about getting the ball rolling for the coming year to do what we need to do to have chiropractic care as a covered service for all Maryland residents who have any form of Medicaid or Medical Assistance health insurance. Rest assured, this will be one of our top priorities for the coming year. We may not get it all done this year, as this process may take one year or several years, but the journey begins with the first step. If I may refer back to the previous paragraph, one key element in this goal may come down to trying to get a bill passed or amended in the State House and Senate. Every vote counts, so the more friends we have in Annapolis in the House and the Senate, the better. Yet another reason why we need all of you to contribute to the PAC.

Let me update you on what we have accomplished this past year. There were several bills that we dealt with this past year that have passed and will become law once they are signed by the Governor:

- The Criminal Background Check bill passed, which means that as of October 2014, any NEW applicant to our licensing board (Chiropractors, CA's and Massage Therapists) will be subject to a federal criminal background check. This will not affect those of us already licensed.
- The Naturopath bill passed, which means that at some point in the next few years Naturopaths will be a licensed profession in Maryland, but they will operate under the Board of Physicians. In the long run this could be a good thing for us, as we have the opportunity to establish a healthy professional relationship with another licensed profession who could refer to us. We did make sure they keep the language agreed upon last year in their bill with regards to manipulations, effectively limiting their scope of practice with regards to no more than Grade 1-4 mobilizations.
- A bill was passed regarding Massage Therapists that effectively increases their educational requirements in order to be eligible to apply for licensure in Maryland.
- A bill was passed to create a task force to study injuries in high school female athletes. We have been following this, and now that it will happen, we want to make sure that we are represented on that task force. Who better understands this subject than us? We already have people in mind who we think would be well suited to serve on this task force (if we have any say in that matter, which we will try for,) but if anyone wants to serve on this task force, please let me know. We cannot make any guarantees that we will have input on who the State assigns to this task force, but we will certainly try our best.

If you have any questions regarding any legislative issues or legal issues (for which I would refer you to our board council, **Mr. Marc Cohen** of Ober/Kaler), my door is always open, so to speak. Please feel free to call me at 410-256-8511 (office) or 301-523-6078 (mobile) or e-mail me at pabosh@potomacpain-center.com. I look forward to helping you and helping all of us in the coming year.

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Spring Cleaning

Louis S. Crivelli, II, DC

Well, it appears as though we are finally coming to the end of winter. If my calculations are right we've been cold and snowy for about six months now. It's about time for some warmer weather. Like many of you reading this message I've decided that I would do a bit of "spring cleaning" around the office. I put some extra therapy tables into a storage unit. The posters have been rotated. Magazines are tossed if they get too out of date. Old things in dark closet corners have been found and removed. I am planning a new waiting room floor and a bathroom re-do. You get the idea...

I've always viewed spring as a time to do a few things besides empty out closets. The first of these is to celebrate! We made it through another winter intact. Not too far back in our collective past, this was a HUGE deal. Our planet made it very difficult for the average person to get through a year. Obviously things are much different now, but I think it helps keep us grounded and in touch with our history to remember the celebration. I think we as chiropractors can do a bit of celebrating as well. WE made it (so far) through sweeping changes in the healthcare system, state legislative sessions, negative articles (both online and in actual newsprint), and the usual challenges of managed care. Let's party! Woo-woo!

But let's not get too far ahead of ourselves. The second thing that I like to do during spring is to clean out EVERYTHING. What's included in "everything?" Well, EVERYTHING. Let's clean out our minds first. Are there ideas or feelings clogging up the works? Need to apologize to someone? TELL THEM! Feeling the pull to write a blog or start a website? DO IT! Have some old notions about practice that you are clinging to? LET GO! Next, think about your body. Do a DETOX! Want to start that exercise program? Curious about Crossfit, Zumba, or P90X? START! Chiropractic can benefit from this mental and physical cleaning as well. Are there some ideas or methods or memes that WE should sweep out of OUR closet? Are there some different or better ways to get together to solve our collective problems? Should we operate our offices like we always have? Or change it up somehow? It's time to ask these questions on all levels: office, city, state, national, and international.

The third thing spring reminds me to do is PLAN and ACT. Let's set the table for the coming year. Soon it will be summer and then fall, and then right back into winter. Did you advance your ideas? Did you revert to old ways and habits? Have you changed personally, professionally, financially, spiritually, etc? Were those changes expected? For us in Maryland, this is a very exciting (and maybe a bit nervous) time. We continue to plan and advance the East Coast IPN. This represents a titanic shift in the way WE do things. Although ICD-10 was pushed back a year, the MCA will hold an ICD-10 seminar in June.

In the coming months we are launching a new website, the listserv has been thriving, CA's are passing their exams and getting certified in ever increasing numbers, and with elections on the horizon, our eyes turn once again towards Annapolis. A LOT of planning and a LOT of acting by brilliant, dedicated members makes this possible. YOUR dues and attendance to our events make this happen.

Spring has Sprung! Let's revel in it.

Louis S. Crivelli II, D.C.

Chiropractic Quality Initiative Program

Hi Everyone,

By now, most if not all of you received a letter from CareFirst Blue Cross Blue Shield which announced a change in their Chiropractic Quality Initiative Program. The IMDIS™ program referenced in this letter has been developed by AMI of Maryland in response to the issues raised and suggested improvements proposed by network chiropractors over the years. It has been developed for greater ease of use and less paperwork for our offices. The system is also far more robust in reporting capabilities to assist your office with current practice information.

I am contacting (bugging) you personally to encourage you (urging you) to sign up for IMDIS™ training by visiting <http://imdis.biz/signup>. There will be numerous comprehensive training webinars over the next few weeks to assist you and your office staff in learning the new features of the system. Post-training, brief supplemental training video segments will be available on the IMDIS™ platform to support additional training needs.

In response to many of the calls I have received regarding the program start date, it is my understanding that this decision was made by CareFirst following successful beta testing of IMDIS™. While not optimal for our offices, this is beyond our control and we must make the best of the situation for our patients and for our profession. *Again, I urge you to participate in the IMDIS™ training and the Quality Initiative designed specifically by AMI of Maryland (AMI) to demonstrate the value of chiropractic care at the request of CareFirst BlueCross BlueShield.*

It is also important to let you know that CareFirst will be closely monitoring network chiropractic providers' use of IMDIS™ on a monthly basis. I have been informed that CareFirst is very concerned about the number of offices who were non-compliant in providing patient outcome data through the previous system. Adherence with providing chiropractic patient data through AMI's data collection, measurement and reporting system (IMDIS™) will provide our profession with the objective data necessary to support our chiropractic system of health and wellness. It is for this reason that offices should be diligent in using IMDIS™.

For those of you who have contributed to this Quality Initiative, I extend my personal and heartfelt thanks (and perhaps a drink at next convention). For those of you who have not participated as yet, PLEASE sign up for the IMDIS™ training. As an active participant in the program, I assure you that it is a new, improved process and more than worth the effort.

Thank you for your attention and cooperation

Sincerely,

Louis Crivelli, D.C., M.S., C.N.S.
MCA President

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Chris Steacy is the Clinic Director of Sport and Spine Rehab of Columbia in Columbia, Maryland. Chris earned his Doctor of Chiropractic degree at New York Chiropractic College. He holds advanced certifications in Graston Technique and Dry Needling. He also is a Certified Kinesiotaping® Practitioner (CKTP) and a Certified Strength and Conditioning Specialist® (CSCS®) through the National Strength and Conditioning Association (NSCA). Dr. Steacy is certified in the Selective Functional Movement Assessment (SFMA) and in the Functional Movement Screen (FMS) Level I. Dr. Steacy focuses his clinical practice on the systematic analysis of human movement patterns and correction of these patterns with targeted functional rehabilitation and manual interventions. As a member of the Clinical Excellence Committee, Dr. Steacy was integral in the design and implementation of Funhab®, a patented system for progression of clinical rehab prescription. He has treated professional runners, triathletes, ice hockey players and cyclists throughout his career. He has also lectured at the University of Maryland School of Medicine, NASA and The Johns Hopkins Applied Physics Laboratory.



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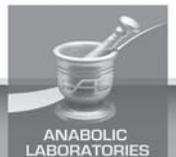
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Need

Neil Cohen, DC
C-PAC Treasurer

I'd like to thank all of those who support our PAC. The Political Action Committee and Legislative Committee have been following the activities of the 90-day legislative session that just ended. The PAC is here to protect our right to practice and get paid for the work we do and to secure our future in Maryland. If you have noticed that your name no longer appears on the list of supporters, it is because this list reflects the latest 12-month period contributions only. Please make a contribution and get back on the list and help protect our profession and your practice. Those generous doctors listed below give to the CPAC and give the MCA the ability to implement our legislative agenda and I thank them. In particular, I'd like to thank those at the top tiers whose generosity is an example to us all. As we head into the post-session fundraising period, we need interested DCs to attend events and represent us. By attending fundraisers for the legislators and other policy makers we become familiar to them. The PAC is non-partisan, so your participation is welcome regardless of your party preference. If you are interested in attending some of these events, please let me know at nbcohen@comcast.net.

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ACA Report

By Audie Klingler, DC, ACA Maryland Delegate

EHR Incentive Programs: Changes in Stage 1 Meaningful Use Criteria

If you are participating or planning to participate in Stage 1 of the Medicare Electronic Health Record (EHR) Incentive Program this year, you should be aware of some changes that took effect on Jan. 1, 2014. Please see the a summary of the changes below.

Record and Chart Changes in Vital Signs

- Change: The age limit increased for recording blood pressure in patients from age 2 to age 3; there is no age limit for height and weight.
- 2014 Measure: For more than 50 percent of all unique patients seen by the eligible professional during the EHR reporting period, blood pressure (for patients age 3 and over only) and height and weight (for all ages) should be recorded as structured data.

Patient Electronic Access

- Change: Menu objective “Timely electronic access to health information” and core objective “Electronic copy of health information” are combined to become the new “View online, download, and transmit” core objective.
- 2014 Measure: More than fifty percent of all unique patients seen by the eligible professional during the EHR reporting period are provided timely (available to the patient within 4 business days after the information is available to the eligible professional) online access to their health information.

Clinical Quality Measure (CQM) Reporting

- Change: Reporting CQMs is still required, but it has been removed as a separate objective.

Additional details are available in the 2014 Stage 1 Changes Tipsheet. For more information about participating in the EHR Incentive Program please visit www.acatoday.org/EHR.

ACA's 1500 Claim Form Fact Gets an Update

Prior to the April 1 implementation date for the new 1500 Claim Form, ACA released a 1500 Claim Form Fact Sheet to assist doctors and their staff in making the changes needed to use the new form. Since the effective date, ACA has received a number of questions from members regarding the new form's use and how the information should be placed in specific boxes, depending upon the carrier. In some states, payers have postponed implementation due to administrative challenges. However, overall, most payers are requiring providers to submit claims on the new form. In response to questions, ACA has updated the 1500 Claim Form Fact Sheet which is free to members, and includes information specific to Medicare and links to additional resources. If you have any questions, please contact insinfo@acatoday.org.

ICA Report

By Anthony Hardnett, DC

ICA Responds to USA TODAY Front Page Article on Chiropractors and Medicare

The International Chiropractors Association (ICA) was disappointed but not surprised by the front page article in *USA Today* regarding chiropractic expenditures in the federal Medicare program. “Unfortunately, the authors of this misleading piece chose to cast Medicare spending on chiropractic services in a deliberately confusing light,” said ICA President **Dr. Michael S. McLean**. “Instead of noting the highly cost-effective nature of this unique service, which stands in stark contrast to the massively more costly and less effective surgical and pharmaceutical options open to Medicare patients, they elected to focus on the costs, neglecting to mention that total chiropractic spending in Medicare represents barely one-sixth of one percent of the program's annual total outlay.”

ICA was particularly concerned about a reference made in the April 30, 2014 article to the “...indictment of a Wichita chiropractor for a \$1.3 billion fraud scheme.” The ICA has always maintained a vigorous zero tolerance policy on issues of fraud and abuse by chiropractic practitioners but feels obliged to note that the \$1.3 billion case is referenced in numerous other articles, including an Oct. 18, 2013 story in *The Wichita Eagle* which set the figure at \$1.3 million. “One is deeply concerned over both the possibility that this figure was intentionally altered by the authors, or, more likely, that sloppy research methods were employed which might call the accuracy of the entire story into question,” said Dr. McLean.

ICA urges all who read this story to understand that Medicare is not welfare but a program into which all working Americans are obliged to pay all their working lives. In this program, Medicare beneficiaries are entitled to choose the care pathway and services that they feel best meet their individual health care needs. The irrefutable fact that over many decades millions of Medicare beneficiaries have chosen chiropractic care as their preferred means to address their personal health issues is the best and most compelling evidence of the need for and effectiveness of these unique services.

The research record clearly validates chiropractic as a safe, effective care pathway for a wide-ranging group of problems. As a drugless, non-surgical care model, chiropractic addresses the needs of patients, for whom such care has been found to be appropriate, with minimal complications and at a tiny portion of the cost of other forms of care. Finding cost-effective care pathways and methodologies for common and expensive conditions has long been a policy goal for federal authorities and chiropractic's availability in Medicare is one very positive public policy success story.

To read the full May 2014 ICA Report please visit http://marylandchiro.com/uploads/ICA_Report_May_2014.pdf.

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MCA Spring Forum Recap

I just wanted to take a quick minute to say THANK YOU to everyone who came out to the Spring Forum March 29-30, 2014 at the BWI Marriott!

Considering it is a NON renewal year, we had a fantastic turnout. **Drs. Yochum and Maggs** were terrific, our vendors were great, but most importantly, it was a nice weekend (weather excluded) to connect with colleagues and friends, learn a little something, and have a few laughs.

As our meeting covered, we continue to work on the issues of the day and have a lot to look forward to on the horizon. NONE of it would be possible without your continued support. So once again, THANK YOU.

See you all soon,

Louis S. Crivelli II, DC



(l-r) Drs. Mark Roberts, Duane Sedula and Audie Klingler. Duane Sedula was presented the Frank Roberts Award for years of dedicated service to the chiropractic and the MCA.



(l-r) Drs. Teal Grady and Terry Yochum



(l-r) Drs. Duane Sadula and Joanne Bushman



(l-r) Drs. Mark Roberts, Rob Reier and Cassie Dougherty

MCA Mentor Program

New Members and Licensees,

Welcome to Maryland! This is a great state to practice in and the Maryland Chiropractic Association would like to lend you a hand in getting you started. Below is a list of doctors with many years of experience who have volunteered to help with questions you may have along the way. Pick a name and make the call, MCA members help each other all the time. This is your chance to find out more about the MCA community. If you have questions about the Mentor Program or MCA in general, feel free to give me a call.

Dr. Jim LeVan
(301) 585-5350

<u>Name</u>	<u>Phone #</u>	<u>Location</u>
Paul Abosh, DC	(410) 256-8511	Perry Hall, MD
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Mahmoud Zia Shakeri, DC	(410) 213-1233	Ocean City, MD

Trust, but Verify

By Dr. Foxworth, President of ChiroHealthUSA

I was speaking with a doctor recently who was venting her frustration about not knowing who to believe or trust as an authority when it comes to being in practice today. She goes to different seminars because she wants to improve herself personally and professionally. She also wants to improve her practice by learning more about her productivity, effectiveness, documentation, compliance and billing. She shared that she doesn't simply attend the CEU required hours for her license; she puts in seminar hours to improve her practice, her clinical skills, her compliance and her business insight.

Her problem? The conflicting information she receives from various "experts" at each seminar. How, she asked, can they all be right if they all say different things? As a result of her experience, she wanted to know why a Discount Medical Plan Organization (DMPO) like ChiroHealthUSA was of value in today's practices. Why is this even necessary? What are my resources?

I passed her third-degree with flying colors, by the way. I could appreciate her position, because I am a bit of a skeptic myself. In fact, that's how all this started for me. I was a chiropractor in practice, just like you, trying to maximize my insurance payments so I wasn't leaving money on the table while still working to come up with a way my uninsured patients could afford those fees.

Because of my activity within my state (as a governor-appointed health expert, as an active participant in my State Chiropractic

Association and the State Representative for the American Chiropractic Association), I knew the rules to follow to avoid compliance issues when creating our fee schedule. I did my research, and initially started a Discount Medical Plan Organization (DMPO) for my state alone. I knew this would legally protect my practice and my colleagues and that, at the time, was my only goal.

As a skeptic, I wouldn't even take my own word for it when it came to believing that a Discount Medical Plan Organization (DMPO) was the simplest way to keep my fee schedules compliant, legal and safe. That's why I became a Certified Medical Compliance Specialist (MCS-P), so skeptics like me could get a breath and feel at ease. As an MCS-P, I'm quite simply held to a higher standard. I have to be able to quote chapter and verse about why any possible fee or activity is or isn't compliant.

We know there's a plethora of inaccurate information that gets disseminated in our profession. I'm sad to say that I had to agree with my frustrated colleague when she was venting about all the conflicting advice she was receiving. That's why ChiroHealthUSA has relationships with many MCS-Ps, to help get accurate, reliable information out there. Many of the brightest minds in our profession agree with and recommend ChiroHealthUSA to many of their chiropractic colleagues.

Looking back, when I set up my first DMPO within my state, I can see how shortsighted I was. I now know that taking ChiroHealthUSA to a national audience, to protect all chiropractic practices in the country, was the vision I should've had at the start. I'm glad I had an encounter with one of my fellow MCS-P's who gave me this bigger vision.



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Classifieds

To place a classified ad in the MCA Journal please contact Meghan Brady at meghanbrady@assnhqtrs.com or call 410-625-1155.

Chiropractic Assistant Wanted - Baltimore Orioles Team Chiropractor is looking for a part-time chiropractic assistant for our Towson office. We're looking for a hard worker with good people skills and the ability to multi-task. Hours are Tuesday 7-1 and Thursday 1-6 with benefit opportunities. Respond with cover letter, resume, and desired salary to akchiropractic26@gmail.com.

Chiropractic Assistant Wanted - Anne Arundel County, MD Seeking CA. Must be professional, detail oriented, reliable and able to multi task. Applicants with current Maryland Chiropractic Assistant Certification preferred. Office will assist in training for Maryland Certification for the highly motivated candidate. Offices in Severn and Gambrills with competitive pay and benefits. E-mail writesallyh@gmail.com.

Associate Wanted - Effective Chiropractic is in need of a full time DC with PT privileges and Maryland license. We are a family practice seeing a little bit of everything. Great pay and benefit package available. Experience is preferred but not mandatory and must be a confident manual adjuster. Please e-mail CV to Docharnett@comcast.net.

Associate Wanted - Chiropractor with P.T. privileges wanted for part-time or full-time position in established Lutherville practice. Must be energetic, dedicated and willing to promote practice. Call Dr. J. Mitchell Adolph 410-256-9650.

Associate Wanted - Full time associate position for a busy family oriented country practice. Long time chiropractic established practice seeking a personable, family oriented doctor in Harford county. Good adjusting skills essential. Please contact Dr. Paul 443-417-6061.

Associate Wanted - Part Time Chiropractor Wanted for well established practice in Odenton/Fort Meade area. Tues., Thurs., Fri., morning hrs. Licensed Chiropractor with PT privileges. Must be comfortable adjusting pediatric patients. New licensees accepted with onsite clinic training with doctor. No marketing required. Independent contractor position. E-mail MustAdjust@outlook.com.

Associate Wanted - Full-time Maryland Licensed Chiropractor with Supervising and PT privileges needed for busy practice in the Baltimore area. Competitive pay, health insurance, malpractice insurance, bonuses, paid vacation, etc. Applicant must be friendly, outgoing and computer proficient. Please send resume to Dr.Scott.Rudick@gmail.com.

Associate Wanted - Seeking associate chiropractic licensed doctor in MD with P.T. Privileges for a busy multi-office practice. Lucrative starting salary including bonus, health, and malpractice insurance. Great opportunity for future advancement and new grads welcome. Please contact Dr. Miao at 301-585-2225, or e-mail xmiao@smartmed1.com or by fax 301-929-0245.

Associate Wanted - Looking for a chiropractor to take over an established patient base of an existing doctor in a busy, multi DC office. The office provides the patient base, all the new patients, handles all the insurance billing and manages all the staff. We are just looking for a passionate chiropractor to join our team who wants to focus on patient care & be part of a well-run & organized office. Full time. Call Shannon at (410)294-8834 or e-mail shannonhunting@aol.com.

Associate Wanted - Columbia, Maryland. Integrated Conservative Care Practice looking for an associate. Great opportunity for a motivated doc to join a thriving "active lifestyle orientated" practice. Certifications in/as Chiro Sports Physician, ART, Graston, Personal Training, etc. - huge plus! Howard County, MD boasts a diverse, well-educated population with a median household income of \$103,000. The county's schools are top rated and the amenities provide for a wonderful quality of life. Competitive salary, paid CEU's, health/ malpractice insurance. Please e-mail resume to: chiro.spinesport@verizon.net.

Associate Wanted - Multidisciplinary practice (5000 sq. ft.) in Rockville, Maryland., (20 min. from Washington, D.C.) looking for an associate doctor. Doctor must be self-motivated, open to learning and growing with our team. Minimum 2 year commitment. Salary plus bonus. Send resume/contact info to drparis@parischiro.com.

Associate Wanted - Alexander Chiropractic Center is looking for a part time associate with P.T. privileges to work in our beautiful Solomons Island, MD location. Very professional and fast paced office. We offer great benefits. Please fax resume to 301-737-4003.

Chiropractic Office Coverage - Leave your patients in the best of hands. Experience You Can Trust...Reserving Spring and Summer coverage dates now...Low volume? High volume? No problem! Will Travel. Call for your custom quote today...240-731-0264 or e-mail: drjoe.dc@verizon.net.

Chiropractic Office Coverage - Coverage doc for activator practice in Federal Hill 5/21 to 6/3. Please call 410-752-2330.

Chiropractic Office Coverage - Supervising DC with PT privileges in Maryland. Over 15 years of private practice with experience in both family and PI clinics. NCMIC insured. Very professional, caring and personable with both patients and staff. Spanish speaking. Call Chris Brandolini, DC 301-775-6724 or backline1@verizon.net.

Chiropractic Office Coverage - Licensed, experienced, and insured DC with PT privileges. Please contact at 410-901-2903 or dredachiro@bcctv.net.

Chiropractic Employment Agency/Vacation Coverage - America's chiropractic employment agency is MMA. Providing quality, experienced, doctors. Daily & monthly reasonable rates. If you are a doctor who needs relief or an associate in your clinic, or you want to be an associate or coverage doctor, call 1-800-501-6111, www.mmachiropractors.com.

Share Office Space - Great opportunity for chiropractor to share office space in northwest Anne Arundel County Maryland. Are you looking to lower your overhead and practice expenses? Contact us at ChiroAlignment@gmail.com to confidentially discuss.

Classifieds

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Join the MCA Listserv for Members

This is a reminder for you to take advantage of a member benefit; the MCA ListServ. The ListServ is a convenient membership tool to find advice from your peers concerning business operations, insurance, equipment, record keeping, etc. Have you ever wanted to refer a patient who is moving to another part of the state? Using the listserv you can send out a request for referral and find a like-minded doctor to continue treating your patient. The listserv is also a great resource if you have a problematic clinical case and want to ask questions or have suggestions about different treatment options. The MCA has a diverse and knowledgeable membership that you can access for clinical, research, business and political issues.

The ListServ is open to all members of the MCA. The link below will direct you to the sign-up site and also provides the rules for using the ListServ. The list is password protected and has dedicated servers so that your email address is safe from spammers and viral problems. **Al Sherry, DC** and **Tim McKenna** carefully monitor the ListServ to make sure communications are on the up-and-up, and civil.

If you haven't already signed on to the ListServ go to ww3.chirolists.com/cgi-bin/mailman/listinfo/mca-chirolist which will let you subscribe, and will give you further information. There is no password required for this page.

Join the ListServ today!

The MCA is on Facebook... Have You Liked Our Page?

Are you on Facebook? Then your profile is not complete until you join the MCA Facebook page!

As one of the most popular ways of finding and networking with other chiropractic professionals that share the same interests as you, the MCA Facebook page will allow you to meet and chat with other professionals along with keeping up on the latest MCA news.

The MCA page is now set up and waiting for you! "Liking" our page is simple:

- Go to www.facebook.com/pages/Maryland-Chiropractic-Association-MCA/123750701013620.
- Once the MCA page opens, at the top click "like."

The MCA encourages you to post information, photos, videos and links that you think would be relevant and enriching to your fellow professionals. While this page is open to the public and the MCA encourages people to participate on it, we ask that you please remain professional in your posts.

Have any questions? Contact **Amy Allen, DC** by e-mail at amyallencd@gmail.com.