May 2013

Volume XXII/ Number 3



# MCA Legislative Report

By MCA Legislative Committee and Alexander & Cleaver

# 2013 Legislative Session Wrap Up

The 2013 session of the Maryland General Assembly was a relatively calm one for the MCA. During the ninety day session, the Legislative Committee and our lobbyist Alexander & Cleaver monitored almost fifty bills on behalf of Maryland Chiropractors. While a large number of the bills were general in nature and impacted all health care practitioners in Maryland, several were specific to the practice of chiropractic. Because of the time spent during the interim months working on and preparing for a number of key issues, we were able to navigate the legislative session with relative ease. Our work is not complete though, as many of these issues went unresolved and therefore will be revisited next year.

Much of our time and focus over the past several years has been on legislation seeking to license and regulate naturopaths in Maryland. As the bill was originally introduced, naturopaths would be allowed a very broad scope of practice allowing them to do a number of things including musculoskeletal manipulation despite their lack of education and training. In years past, we have vehemently opposed such language. In the months leading up to this



legislative session, we participated in a number of meetings and work sessions in order to address our concerns and to identify language with which we were more comfortable. In the end, we were successful. Our language, which was accepted by the naturopaths, was incorporated into the legislation that was introduced. Nevertheless, House Bill 1029/Senate Bill 783 "State Board of Physicians-Naturopathic Doctors" was withdrawn. A lot of work remains to be done with other stakeholders, specifically Med Chi. We will monitor work on this bill in the upcoming months as we want to ensure that the language we negotiated remains intact.

This year, we joined together with the Maryland Podiatric Medical Association to proactively introduce legislation related to non-life threatening x-ray machine violations, House Bill 798/Senate Bill 608 "Environment-Radiation Sources-Podiatry and Chiropractic Radiation Machines." This bill was modeled on legislation that passed three years ago for dentists and allows for a twenty day grace period for rectifying non-serious, non-life threatening x-ray machine violations. If a chiropractor or podiatrist is able to correct the violation within the twenty day period immediately following the violation, any applicable fine is waived. Unfortunately, this legislation stalled in committee.

Apparently the number of dental violations has increased since their grace period was implemented in 2010. The Maryland Department of the Environment fears that implementing a similar grace period for other practitioners like chiropractors and podiatrists will result in decreased compliance. In the upcoming months, we will coordinate with the Maryland Podiatric Medical Association and discuss our plans for this legislation. We have a number of options moving forward.

# Welcome New Members

### **ACTIVE MEMBER**

John Alexander DC Bel Air, Md.

#### STUDENT MEMBER

Jaclyn Debs
Town & Country, Mo.

#### **Maryland Chiropractic Association**

720 Light Street Baltimore, MD 21230 410-625-1155

FAX: 410-752-8295

E-MAIL: <u>MCA@assnhqtrs.com</u> www.marylandchiro.com

#### **EXECUTIVE BOARD**

#### Officers

Adam Fidel, DC

President

Louis Crivelli, DC

Ist Vice President

Tom Chaney, DC

2nd Vice President

Paul Henry, DC

Secretary

Don Hirsh, DC

Treasurer

Alan Sokoloff, DC

Past President

#### **BOARD OF DIRECTORS**

#### **Directors At Large**

Jay Greenstein, DC Marcia Boyce Levi, DC James LeVan, DC

#### **District Directors**

Chesapeake- Rick Schmitt, DC

#### Metro Baltimore -

Paul Abosh, DC Howard Lewis, DC Norman Spector, DC

#### Metro Washington -

Nicole Ganz, DC Ronda Sharman, DC

Western - Andrew Williamson, DC

**ACA Delegate** 

Audie G. Klingler, DC

**ICA Delegate** 

**TBA** 

#### **STAFF**

Tim McKenna Executive Director

Monica Shaner Financial Manager

Molly Baldwin-Abbott Director of Communications

Meghan Brady
Assistant Director of Communications



# A Letter from the President

Adam Fidel, DC

# "Doc, Would You Do It Again?"

If you could go back, would you make the decision to become a chiropractor again? I love the phrase, "I didn't choose chiropractic, chiropractic chose me." I was studying to become a pharmacist when I made a 180° change to study Chiropractic. I was influenced to make this decision by **Dr. Alan Cornfield**.

The health care field is emerging into the 21st century with a new economic and political climate. The recovering economy and the Affordable Healthcare Act (Obamacare) make the future uncertain. New fields such as Physicians Assistants and Nurse Practitioners are having a greater role in our system with growing scope of practice.

Would you become a medical doctor, osteopath or a real estate developer? Do you think it's easier in other fields to earn a living or to be happy?

I was once told to seek out what I loved to do and find a way to make a living at it. I couldn't agree more with that advice.

As chiropractors we have the ability to help people feel better and become more productive. We have the opportunity to see patients return to work, pain free, and eliminate potentially dangerous medications. We watch them get healthier. We not only are more cost effective than other methods of care, we save health care dollars every time a patient seeks our services. And, we can earn a nice living.

When I speak with doctors in all specialties as well as business owners in various industries there is one common thread. It is not easy to excel and achieve success without hard work. Most docs I know are willing to put in the effort to serve in their practices and in their communities. Every profession has its challenges. As we take on these challenges however, we get to help improve peoples' lives everyday.

Would you do it again? I would!

Some benefits you receive from being a part of the MCA include a mentor program for new doctors and public relations activities. We've started a program to help our doctors promote their practices to the community and medical practitioners. We have a listserv to communicate amongst ourselves. The MCA puts on eight CE programs to help keep doctors current with licensure requirements. In addition, the MCA is close to implementing a new Independent Physicians Network with the Virginia Chiropractic Association.

It's a great time to be a CHIROPRACTOR!

Adam Fidel, DC

alm Fall DC

# Did You Know?... Register Now!

Nutrition for the Chiropractic Practice
May 18, 2013
DoubleTree Hotel
5485 Twin Knolls Rd
Columbia, MD 21045
8 a.m. - 5 p.m.
www.marylandchiro.com
See ad on page 4.

# Sponsors Pavilion

Saluting MCA's 2013 Sponsors!

# Gold Sponsor

Alternative Medicine
Integration
www.alternativemedicineint.com

# Gold Sponsor

Lifestyle Medicine Consultants, Inc. <a href="https://www.lifetstylemedconsult.com">www.lifetstylemedconsult.com</a>

# Silver Sponsor

Nutri-West Mid Atlantic www.nutriwest.com

# Thanks to MCA Supporters

MCA has a Supporting Membership category for suppliers of goods and services. We encourage you to consider the following 2013 Supporting Members when making purchases. Support those that support **YOU**!

## **Alternative Medicine Integration**

*Linda R. Eldridge* 847-433-9947

### **Anabolic Laboratories, Inc.**

*Bryan Miller* 410-296-7574

### **Designs for Health**

Richard McNall 800-847-8302

### Foot Levelers, Inc.

Yolanda Davis

### Heartland Home Foods, Inc.

*Ann Jess* 800-492-5592

### Lifestyle Medicine Consultants, Inc.

Linda Showalter 410-224-4446

### **Nutri-West Mid Atlantic**

*Nadine Carrick* 302-478-5090

# **Nutrition for the Chiropractic Practice**

co-sponsored by

**Maryland Chiropractic Association & Anabolic Laboratories, LLC** 

May 18, 2013 DoubleTree Hotel Columbia, MD 8:00 a.m. - 5:00 p.m.

# Program Agenda INTRODUCTION



#### The Diet Induced Pro-Inflammatory State

- How poor diet drives inflammation
- Sugar, flour, refined oils chronic inflammation, pain & disease
- The diet for reducing pain & inflammation

#### The Basics of Anti-Inflammatory Supplements

- Multi Vitamin
- Magnesium
- Fish Oil
- Vitamin D

#### **REVIEW OF ANTI & PRO INFLAMMATION**

#### Oxidation, Free Radicals, Anti-Oxidants

- The body's antioxidant system explained
- Dietary modulation
- Nutritional supplement modulation

#### ATP Production

- How ATP synthesis generates energy & free radicals
- Dietary modulation
- Nutritional supplement modulation

#### **PHARMACOLOGY vs. NUTRITION**

#### Asprin & NSAIDs -The Pursuit of Pain Relief

- How pain relievers work
- The down side to pain relief drugs
- Osteoarthritis, fish oil, glucosamine & chondroitin
- Natural NSAID alternatives: herbs, spices, enzymes

#### Pain & Headaches

- Tension, cervicogenic & migraine headache overview
- Gluten sensitivity
- Migraine prevention, riboflavin, magnesium, CoQ10

#### **INFLAMMATORY DISEASE STATES**

#### **Gastrointestinal Health & Systemic Inflammation**

- Intestinal permeability
- Dysbiosis
- Probiotics & digestive enzymes

#### Osteoporosis & Menopause

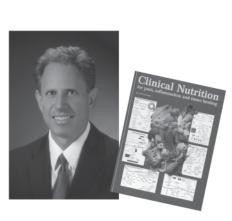
- Osteoporosis as an inflammatory disease
- Menopause & inflammation
- Fosamax vs. calcium, magnesium, vitamin D & vitamin K

#### Syndrome X- Blood Sugar Regulation & Pain

- Anti-inflammatory diet, mitochondrial health & pain
- Magnesium factors
- Chromium, lipoic acid, vitamin D

#### Statin Drugs, Cholesterol & Cardiovascular Disease

- Cholesterol in perspective
- Fatty acids & cardiovascular health
- Commonly prescribed statins, mechanisms & side effects
- CoQ10 & statins (depletion, inhibition & muscle pain)





author of Clinical Nutrition for Pain, Inflammation and Tissue Healing, returns to the Maryland area to present on the critical topic of Pain & Inflammation! Patients commonly present with painful and systemic conditions that require a nutritional intervention to augment the delivery of chiropractic manual care. An effective nutritional intervention is one that gets results, is based on sound evidence and is easy to incorporate into clincial practice.

Dr. Seaman will review the fundamental pro-inflammatory vs. anti-inflammatory aspects of diet, lifestyle and nutritional supplement recommendations.

#### Early Bird by April 15, 2013

MCA Member DC \$190 Non-Member DC \$235

#### Regular after April 15, 2013

MCA Member DC \$215 Non-Member DC \$260





Contact MCA for registration information: 410-625-1155 www.MarylandChiro.com

# Neil Cohen, DC C-PAC Treasurer

I'd like to thank all of those who support our PAC. The Political Action Committee and Legislative Committee has followed the activities of the 90-day legislative session that just ended. The PAC is here to protect our rights and those of our patients and to secure our future in Maryland. If you have noticed that your name no longer appears on the list of supporters please make a contribution and get back on the list and help protect our profession and your practice. This list reflects the latest twelve month period contributions only. Those generous doctors listed below give CPAC and through it the MCA has the ability to implement our legislative agenda and I thank them. In particular I'd like to thank those at the top tiers whose generosity is an example to us all. Thanks! Let's follow their example. As we head into the post-session political fundraising period, we need DCs to attend events and represent us. By attending fundraisers for lawmakers and other elected officials we become familiar to them, and they get to know us. The PAC is non-partisan, so your participation is welcome regardless of your party preference. If you are interested in attending some of these events please let me know at nbcohen@comcast.net.

# President (\$1,000 and over)

Dr. John V. DeMaio Dr. Jay Greenstein Dr. Keith G. Scott

## Governor (\$500 - \$999)

Dr. Paul Abosh Dr. Thomas Chaney Dr. Alan D. Cornfield Dr. Anthony T. Hardnett Dr. Gregory C. Lewis Dr. Edwin Lipsitz Dr. Richard J. Santangelo Dr. Beth B. Tedesco

### Senator (\$365 - \$499)

Dr. Eric A. Fisher Dr. David B. Fishkin Dr. John F. Kibby Dr. James S. LeVan Dr. Ian Newman Dr. Thomas E. Schreppler Dr. Young-Sung Song

## Delegate (\$100 - \$364)

Dr. Frank Alfano Dr. Kathryn P. Alexander Dr. Robert G. Frieman Dr. R. Reeve Askew Dr. Raymond K. Barry Dr. W. Gregory Belcher Dr. Chad A. Blaker Dr. F. Keen Blaker Dr. William J. Boro Dr. Kevin M. Brown Dr. Joanne M. Bushman Nadine Carrick Dr. Marisa Carey Dr. Robin P. Cohl Dr. Louis S. Crivelli, II Dr. John J. Davidson Dr. William G. Dolengo Dr. Michael Fedorczyk-Dr. Jack L. Murray, Jr. Dr. Stewart J. Falk Dr. Michael S. Nelson Dr. Adam M. Fidel Dr. Brian R. Paris

Dr. Illene Fidel Dr. Starr Parsons Dr. Robert Poane Dr. Paul Henry Dr. Robert Joseph Reier Dr. Donald Hirsh Dr. Anthony T. Ricci Dr. Brandon S. Hollenberg Dr. Duane R. Sadula Dr. Eric Ross Huntington Dr. Scott A. Samson Dr. John T. Jennings Dr. Thomas D. Shaw Dr. Ross Kennard Dr. Mark A. Shulman Dr. Audie G. Klingler Dr. Mitchell Silverman Dr. Daniel J. Kraus Dr. Steven L. Silverston Dr. Blaise M. LaVorgna Dr. David M. Sortisio Dr. Joshua Levin Dr. Jeffrev N. Wallace Dr. Howard F. Lewis Dr. Ronel R. Williams Dr. Steven Lipschutz Dr. Daniel T. Wise Dr. Thomas K. Lo Dr. Mahmoud Zia-Shakeri Dr. Lance J. Loomis

### Member (\$25-99)

Dr. Susanne Bates Dr. Chris Brandolini Dr. Richard C. Fidanza Dr. Lisa Beth Hepfer Dr. Scott Irrgang Dr. Brian Krupinsky

Dr. Diane S. Kelly Dr. Marlene Mahipat Dr. Giuseppe M. Nunnari Dr. Larry H. Plotkin Dr. Alan K. Sokoloff

<sup>\*</sup>Contributors of \$1,000 or more per year are noted at the President level. This list includes all donations between April 2012 - April 2013.

# MCA News and Notes You Need to Know

# Get Involved With Your Association

Consider joining an MCA committee! Serving on a committee is a great way to improve your practice and enhance Chiropractic in Maryland. Take a look at the following committees listed and contact the Chair of the committee that interests you.

#### **Convention and Education Committee**

Chair: Ronda Sharman, DC E-mail: rondasharman@msn.com

This committee develops continuing education programs for the Association which are submitted to the Board of Directors and the Maryland State Board of Chiropractic Examiners for approval. It coordinates all of the convention and forum activities, dates, locations, and speaker recruitment.

#### **Insurance Committee**

Chair: Louis Crivelli, DC E-mail: drcrivelli@yahoo.com

The Insurance Committee functions as a liaison to both the chiropractic profession and the public concerning chiropractic health insurance issues and works closely with the Legal/Legislative Committee.

#### Legal/Legislative Committee

Chair: Don Hirsh, DC

E-mail: donald.hirsh@verizon.net

The Legal/Legislative Committee reviews legislation affecting the practice of chiropractors; makes recommendations for statutory or regulatory changes on issues affecting the practice of chiropractic; and acts as the Association's liaison before the Maryland General Assembly, and other State Legislative bodies. The committee reviews legal issues with the Association's legal counsel.

# Membership Committee TBA

The Membership Committee maintains a current list of membership of the Association, including non-member state licensees. It encourages new membership in the Association and encourages recently licensed chiropractors to participate in the activities of the Association and its Districts.

#### **Public Relations Committee**

Chair: Andrew Williamson, DC

E-mail: <u>DrAndrewWilliamson@gmail.com</u>

The Public Relations Committee recommends future plans for exhibits to the general public, coordinates health fairs and those activities considered to be in the public and professional interest.

#### **Publications Committee**

Chair: Rick Schmitt, DC
E-mail: <a href="mailto:schmitt.rick@gmail.com">schmitt.rick@gmail.com</a>

The Publications Committee recommends article submissions to the MCA Journal and works with the Executive Director to resolve any editorial issues that may arise.

# MCA Member Awarded With High Honor

Dr. Marlene Mahipat Named One of Maryland's Top 100 Women of 2013. The award ceremony will be on Monday, May 6, 2013 from 5 – 8:30 p.m. at the Meyerhoff Symphony Hall. If you wish to attend, please visit <a href="http://thedailyrecord.com/marylands-top-100-women/">http://thedailyrecord.com/marylands-top-100-women/</a> for more information.

# Dr. Paul Henry Awarded the Frank Roberts Memorial Award

**Dr. Paul Henry** (center) in photo below was awarded the Frank Roberts Memorial Award for his dedication to Chiropractic. Dr. Henry was presented the award by MCA President **Adam Fidel, DC** (left) and **Mark Roberts, DC** at the 2013 MCA Spring Education Forum.



# Major Revisions to the Administration of CA Program

As of May 15, 2013, the Board of Chiropractic Examiners and Massage Therapy Examiners will implement major revisions to the administration of the CA Program. Please read and print out the revisions posted on the MCA website by visiting <a href="https://www.marylandchiro.com">www.marylandchiro.com</a>. This information is critical to supervising chiropractors.

# MCA Mentor Program

New Members and Licensees,

Welcome to Maryland! This is a great state to practice in and the Maryland Chiropractic Association would like to lend you a hand in getting you started. Below is a list of doctors with many years of experience who have volunteered to help with questions you may have along the way. Pick a name and make the call, MCA members help each other all the time. This is your chance to find out more about the MCA community. If you have questions about the Mentor Program or MCA in general, feel free to give me a call.

Dr. Jim LeVan (301) 585-5350

<u>Name</u>	Phone #	<b>Location</b>
Paul Abosh, DC	(410) 256-8511	Perry Hall, MD
Bill Boro, DC	(410) 266-5054	Annapolis, MD
Tom Chaney, DC	(410) 216-9180	Annapolis, MD
Neil Cohen, DC	(410) 656-8400	Essex, MD
Alan Cornfield, DC	(301) 585-2225	Silver Spring, MD
Dennis Cuzzo, DC	(732) 547-2335	Pocomoke City, MD
Charles Descalzi, DC	(301) 942-2200	Silver Spring, MD
John DeMaio, DC	(410) 721-2222	Gambrills, MD
Jeff Deschamps, DC	(301) 663-8707	Frederick, MD
Paul Ettlinger, DC	(410) 356-9939	Owings Mills, MD
Adam Fidel, DC	(410) 484-5642	_
Ilene Fidel, DC	` '	Pikesville, MD
	(410) 358-0060 (410) 766 2222	Park Heights, MD
Joe Fiori, DC	(410) 766-2322	Pasadena, MD
Marc Gamerman, DC	(301) 797-3737	Hagerstown, MD
Nicole Ganz, DC	(301) 929-8301	Kensington, MD
Joel Goldwasser, DC	(410) 882-0720	Baltimore, MD
Mark Goren, DC	(301) 949-0440	Kensington, MD
Jay Greenstein, DC	(301) 518-1006	Washington, DC
Paul Henry, DC	(410) 285-2600	Baltimore, MD
Don Hirsh, DC	(301) 490-2600	Laurel, MD
Ray Infanti, DC	(410) 573-5733	Annapolis, MD
Diane Kelly, DC	(410) 757-8989	Arnold/Annapolis, MD
Audie Klingler, DC	(301) 777-0110	Cumberland, MD
James S. LeVan, DC	(301) 585-5350	Silver Spring, MD
Marcia Levi, DC	(301) 362-5868	Laurel, MD
Mary Ann Ley, DC	(410) 628-9355	Timonium, MD
Thomas K. Lo, DC	(410) 721-3338	Crofton, MD
Karen McDermott, DC	410) 257-7106	Prince Frederick, MD
Jack Murray Jr., DC	(301) 722-4400	Cumberland, MD
Michael Nelson, DC	(410) 828-0900	Towson, MD
Mark Roberts, DC	(410) 931-2096	Baltimore, MD
Philip Romano, DC	(301) 924-6444	Olney, MD
John Sampson, DC	(410) 213-0900	Ocean City, MD
Rick Schmitt, DC	(301) 717-7187	Annapolis, MD
Ronda Sharman, DC	(301) 870-4277	Waldorf, MD
Al Sherry, DC	(410) 598-5721	Baltimore, MD
Alan Sokoloff, DC	(410) 766-4878	Glen Burnie, MD
Norman Spector, DC	(410) 249-3454	Baltimore, MD
Ronel Williams, DC	(301) 334-3180	Mt. Lake Park, MD
Sean Williams, DC	(410) 213-1233	Ocean City, MD
Dan Wise, DC	(410) 592-7300	Phoenix, MD
Mahmoud Zia Shakeri, DC	(410) 213-1233	Ocean City, MD
		-

# **ACA Report**

By Audie Klingler, DC, ACA Maryland Delegate

### **Opposition Grows Toward** Anti-Competitive Legislation Introduced in U.S. House

As the ACA mentioned recently, Rep. Larry Bucshon (R-Ind.) introduced legislation that essentially revives the malignant "Sullivan bill" from years past. In response, the well-respected think tank The Heritage Foundation has come out against it.

Their comments on the bill state, in part, "But as with most bad ideas in Washington, the bill refused to die a quiet death even though its Republican sponsor was defeated in a primary last year." ACA will continue to fight this anti-competitive legislation and work to ensure that it does not reach the House floor.

### Sen. Harkin Seeks to Block CMS Director Confirmation

U.S. Sen. Tom Harkin (D-Iowa) has placed a hold on Marilyn Tavenner's nomination to be administrator of the Centers for Medicare and Medicaid Services (CMS). Sen. Harkin has been outspoken recently regarding a plan put forward by the Department of Health and Human Services (HHS), the parent agency of CMS, regarding funding for certain provisions created under the Patient Protection and Affordable Care Act (PPACA).

Under the HHS plan, funds would be taken directly from PPACA's preventive health fund to help implement the upcoming insurance exchanges. "Robbing prevention when we know these efforts can improve people's health and lower health care costs goes against the very mission of health care reform," said Harkin during a hearing on Wednesday. Basically, Sen. Harkin's "hold" on the nomination will prevent Tavenner from being confirmed by the Senate until it is lifted.

The American Chiropractic Association (ACA), based in Arlington, Va., is the largest professional association in the United States representing doctors of chiropractic. The ACA promotes the highest standards of patient care and ethics, and supports research that contributes to the health and well-being of millions of chiropractic patients. Visit www.acatoday.org for more information.

# ICA Report

Articles found at www.chiropractic.org

## Council Hosts Stellar 21st Annual Natural Fitness and Sports Conference

The ICA Council on Fitness and Sports Health Science hosted the acclaimed Symposium on Natural Fitness and Sports for the 21st consecutive year with the world's most famous chiropractic patient, former Governor Arnold Schwarzenegger, as the keynote speaker.

Governor Schwarzenegger presented in Columbus, Ohio with a powerful array of chiropractic educators including clinical presentations by Daniel J. Murphy, DC, FICA, Ted Carrick, DC, PhD, and John Downes, DC.

Everyone needs a chiropractor and chiropractic must be seen as required, not an alternative. ""

They were joined by an exceptional

array of other speakers including Joel Miller, DC, Rana Watson, DC, and the ICA Fitness Council and Symposium Founder Jack Barnathan, DC.

The ICA was honored to also host bodybuilding champion and fitness legend Vince Taylor, as well as recognizing Terry Schroeder, DC, renowned Olympic chiropractor and coach who was recognized for his accomplishments with the 2013 ICA Fitness Council Award.

While addressing this international event during his keynote presentation to the Symposium, Governor Schwarzenegger stated: "Everyone needs a chiropractor and chiropractic must be seen as required, not an alternative. Chiropractic has had a very positive impact on my life and the life of my family. We've got to let the people know that there is a necessity, it's not even an option, it's a necessity to have a Chiropractor."



# Million Reasons to be with NCMIC

Policyholders of NCMIC's Malpractice Insurance Plan will soon receive a premium dividend for the 17th year in a row. As of 2013, NCMIC will have returned more than \$112 million to policyholders.

The premium dividend is just one of many reasons our D.C.s appreciate NCMIC. Take it from Dr. John D'Amanda:

"I don't know of any other companies that give back through a premium dividend. With NCMIC, you support the company and they support you."



John D'Amanda, D.C. Crossroads, Texas

Find out all the ways you can benefit from being with the NCMIC Malpractice Insurance Plan.

Call 1-800-769-2000, ext. 3120.



Premium dividends are not guaranteed.

We Take Care of Our Own is a registered service mark of NCMIC Group, Inc. and NCMIC Risk Retention Group, Inc. ©2013 NCMIC NFL 3168

## MCA Insurance Report

By Louis Crivelli, II, DC

#### MCA Insurance Committee Chairman

On April 4 members of the MCA insurance committee, the VCA insurance committee, and the University Of Maryland Department Of Integrative Medicine met with the medical director, selected physicians, and policy directors of CareFirst Blue Cross Blue Shield of Maryland. The primary topic of the meeting was spinal manipulation on those under 12 years of age. This meeting happened in very large part due to you, our members, asking if there was anything that could be done to reverse this policy.

We inquired as to the rationale behind the policy and provided them with some new research regarding the strength of the current literature regarding manipulation on children. It was very beneficial to have had members of the Integrative

...in the end CareFirst agreed to re-visit the current literature, include the new research we gave them, and render a policy decision.

Department at University of Maryland at the meeting (many thanks to **Dr. Brian Morrison**). It was powerful to have a medical doctor "in our corner" during this meeting. We also had **Dr. Ron Farbaugh** from Ohio attend the meeting to provide a summary of the current research.

As expected, the meeting was tense at times, but in the end CareFirst agreed to re-visit the current literature, include the new research we gave them, and render a policy decision. It was considered by all who attended to be a positive outcome and a step in the right direction regarding increased communication and collaboration between providers of different disciplines. We gained knowledge as to how policy decisions are made and they gained knowledge on exactly what spinal manipulation is, what it does, and what the research shows regarding its deployment in children. We know that policy decisions take time, so it may be a while before we hear back. Please know that we will let YOU know as soon as we hear something.

Thanks go out to MCA **Drs. Jay Greenstein, Adam Fidel** and **Brian Morrison** for donating their time and brains. Thanks to YOU, member docs for raising this issue again.

Louis S. Crivelli, DC, MS, CNS MCA Insurance Committee Chairman 301-474-5505 drcrivelli@gmail.com

# MCA Legislative Report

Continued from front page

Once again, we saw legislation related to licensing and regulating kinesiotherapists. Unlike last year's bill though this year's bill only sought to study the issue during the interim. House Bill 717/Senate Bill 285 "Health Occupations-Kinesiotherapy-Study" passed with a few slight amendments. We will plan on participating in any interim meetings and work sessions as scope of practice issues will undoubtedly arise.

Maryland continues to move forward with implementing health care reform. As in the past two years, legislation was introduced to continue further developing the state's health benefit exchange. While the committee monitored this legislation, House Bill 228/Senate Bill274 "Maryland Health Progress Act of 2013," not much directly impacted chiropractors. As in the years past, we will continue to participate in Exchange meetings and in Health Care Reform Coordinating Council meetings. The upcoming months promise to be eventful when it comes to health care in Maryland as the Exchange is poised to "open for business" starting Jan. 1, 2014.

In the final weeks of session, we weighed in on an amendment that further reinforced that health occupations boards should act in a fair and unbiased manner. While this amendment impacted all health occupations boards, the bill itself, House Bill 1096/Senate672 "State Board of Physicians and Allied Health Advisory Committees—Sunset Extension and Program Evaluation," was specific to the Board of Physicians. In the end, the amendment was accepted.

For years in a row now, the MCA has hosted a lunch for the members of the General Assembly. Many thanks go to the members of the MCA who attended this year's lunch. Events like this one provide quality time to interact with legislators, many of whom work directly on issues important to us. This successful event is another way for the association to maintain its visibility in Annapolis, which is important.

#### Next Steps

The 2013 legislative session was a successful one for the MCA. The interim months were busy ones for us last year and the hard work paid off as we started the ninety day session well-organized and prepared. Of course, we will continue to participate in all relevant and appropriate meetings during the upcoming interim, including ones related to the naturopath and kinesiotherapist issues, as well as health care reform implementation.

# Classifieds

To place a classified ad in the MCA Journal please contact Meghan Brady at <u>meghanbrady@assnhqtrs.com</u> or call 410-625-1155.

Chiropractic Assistant Wanted - Full-time Chiropractic Assistant needed to join practice in Perry Hall, MD. Competitive pay, possible bonus structure & benefits. Those already licensed w/MD Board of Chiropractic Examiners preferred, but will train the right candidate & assist with licensing process. E-mail <a href="mailto:carn@hrsolutionsllc.com">carn@hrsolutionsllc.com</a> for more information.

Associates/Partners Wanted - Chiropractors with PT privileges wanted for established practice in Columbia Maryland. Join a well-organized and busy multi-DC practice with focus on structural and functional rehab care. Base salary plus bonus. Company provides malpractice insurance and CE credits. Two year commitment required. Satellite clinic partnership or buyout opportunities may be offered following two years as an associate. Call Dr Huntington at 443-992-3685 or e-mail drerichuntington@aol.com.

**Associate Wanted** - Annapolis, MD. Learn how to have a full service, family-oriented holistic practice. Make a good living without having to run a mill. I will help you create and develop the practice of your dreams. Call or e-mail any time: Dr. William Boro, 443-854-8369 or <a href="wjbdc1@gmail.com">wjbdc1@gmail.com</a>. Doctor looking to reduce work load and pass the reins.

**Associate Wanted** - Established family practice in Bowie is looking for a professional and motivated supervising Chiropractor with PT privileges to join our team. Candidates should demonstrate excellent clinical and communication skills. Salary plus bonus and benefits available. Forward resumes and CV to <a href="mailto:chiropracticcareers@yahoo.com">chiropracticcareers@yahoo.com</a> for consideration.

**Associate Wanted** – Great opportunity for a FT Chiropractor in a wellness family practice in Towson. Excellent pay. Please e-mail your resume or questions to drsmahoney@yahoo.com.

Associate Wanted - We are seeking a full-time Supervisory DC with PT privileges to join our team. This is your chance to work alongside an advanced certified Chiropractic Biophysics DC in a multidisciplinary setting. We are a very busy and growing practice located in College Park, MD. We are offering an excellent salary, full benefits and the chance to learn every aspect of the business in exchange for a two year commitment. Please contact us at terrapincare@gmail.com.

**Associate Wanted** - Looking for a motivated, enthusiastic licensed Maryland Chiro with PT. privileges. If your Interested in an associate position with a purchase option for a busy family Chiropractic practice in Northern Anne Arrundel County than this could be ideal for you. This is an amazing opportunity if you are looking to own your own practice without the headaches of growing pains. Call 443-618-3989.

Associate Wanted - BALTIMORE, MD- EXCELLENT \*BUY-IN\* OPPORTUNITY!! Well established Diversified practice. Make \$100K your first year - with annual increases. Majority of practice ownership earned through sweat equity and you receive the lion's share of profit from any growth in the practice. 32 np/month, 202 pv/week; collections of \$868K+. Up to 4 weeks of vacation every year! If you are a self-starter - a "go-getter", this practice WILL change your life. Includes practice management (coaching) and tremendous Seller assistance in the transition of the practice. Professional Practice Advisors, Inc. 800.863.9373 www.practiceadvisors.com.

**Associate Wanted** - DC with PT privileges for busy Montgomery County practice. Salary, bonus and full benefits. Potential for ownership. Must be outgoing and willing to learn. Experience diversified adjuster needed with excellent communication skills. E-mail resume to <a href="mailto:bestchiromd@yahoo.com">bestchiromd@yahoo.com</a>. Learn about our practice at <a href="mailto:www.heal-naturally.com">www.heal-naturally.com</a>.

**Associate Wanted** - Full time Supervisory DC with PT privileges needed to join rapidly growing practice in Nottingham, MD. Base salary with incentives, including bonus, paid malpractice insurance, license renewal, continuing education, and more. Call 410-256-8511, or e-mail pabosh@potomacpain-center.com for more information.

**Associate Wanted** - Alexander Chiropractic Center is looking for a part time associate with P.T. privileges to work in our beautiful Solomons Island, MD location. Very professional and fast paced office. We offer great benefits. Please fax resume to 301-737-4003.

Chiropractic Employment Agency/Vacation Coverage – America's chiropractic employment agency is MMA. Providing quality, experienced, doctors. Daily & monthly reasonable rates. If you are a doctor who needs relief or an associate in your clinic, or you want to be an associate or coverage doctor, call 1-800-501-6111, <a href="https://www.mmachiropractors.com">www.mmachiropractors.com</a>.

Chiropractic Office Coverage – Taking Fall and Winter reservations, call now. "Get the BEST patient care when YOU can't be there. Worth every penny!" Dr. K. 27 years experience you can trust. Supervisor with P/T, Laser. Fast, fastidious, multi-technique; reliable, caring, personable; great with patients and staff. Call Dr Joe Nunnari 240-731-0264, texts welcome or drioe.dc@verizon.net.

Chiropractic Office Coverage – Licensed, experienced, and insured DC with PT privileges. Please contact at 410-901-2903 or e-mail dredachiro@bcctv.net.

**Office Space** - Office Space in beautiful natural health, medical setting. Private unfurnished room with sink & closet. Significant marketing in place. Internal referrals. In-house natural pharmacy. Shared waiting & ADA bathroom. Convenient parking. Ground floor. Optional reception services. Call Sunlight Natural Health @ (410) 296-4005 or Dr. Martin at (443) 742-5112.

**Share Office Space/Sublease** - 1800 sf office space in Rockville, MD with 4 treatment rooms and fully equipped open PT area. Located on second floor of medical/professional building. Contact <a href="mailto:drippark@gmail.com">drippark@gmail.com</a> for details.



Share Office Space - Lower your overhead now! Start or move your practice into my beautiful 2660 sq. ft. office in Waldorf, MD. X-ray, surface EMG, spinal decompression, dry hydrotherapy, EMS, ultrasound, intersegmental traction, low tech rehab. Call Dr. Sable at 301-643-8283 or e-mail kennethjsable@gmail.com.

Office Space For Lease - Do you have extra space in your office? Do you want it to generate extra income and qualified, new patient referrals? Please call 443-600-5807 for additional info. We are interested in leasing one to two rooms for as little as 8 hours per week. We look forward to hearing from you.

Share Office Space - In Annapolis/Arnold, MD with opportunity to buy in. Call 410-353-7626 or e-mail kellychiroctr@aol.com.

Practice for Sale - Silver Spring area, established 29 years great volume, 400K collections, 1600sq/ft office in high visibility location. Reasonably priced. Call 1-800-582-1812.

Practice for Sale - Location in Pasadena, MD. 6 yr. old Diversified practice with low overhead, high patient retention and steady new patient flow. Prime high visibility location in 1,200 Sq. Ft. free standing building. Steady collections in the \$ 200K range. Doctor ready to sell. Contact ChiroEquity at 908-419-7510 or greg@chiroequity.com.

For Sale - Brand new Spine-Med Decompression Table; Inventory liquidation sale, normally retails new for \$96,000 will sell for 10,500.00 OBO; Call, 888-422-5515 ext 1.

For Sale - X-ray Bennett, just inspected, great shape, Konica processor, wall bucky, cassettes, all you need \$2,400 takes all. Amrex low volt STIM 2 channel, 4 lead. Perfect condition. Dr. Rich 410-668-2266.

**For Sale** - High frequency x-ray for sale rarely used and like new. Complete setup: 6 cassettes, SRX 1000 konica processor, imprinter, film box, ect. \$4,000.00 O.B.O Call Dr. Collins 410-414-3345.

# Join the MCA Listserv for Members

This is a reminder for you to take advantage of a member benefit; the MCA ListServ. The ListServ is a convenient membership tool to find advice from your peers concerning business operations, insurance, equipment, record keeping, etc. Have you ever wanted to refer a patient who is moving to another part of the state? Using the listserv you can send out a request for referral and find a like-minded doctor to continue treating your patient. The listserv is also a great resource if you have a problematic clinical case and want to ask questions or have suggestions about different treatment options. The MCA has a diverse and knowledgeable membership that you can access for clinical, research, business and political issues.

The ListServ is open to all members of the MCA. The link below will direct you to the sign-up site and also provides the rules for using the ListServ. The list is password protected and has dedicated servers so that your email address is safe from spammers and viral problems. Al Sherry, DC and Tim McKenna carefully monitor the ListServ to make sure communications are on the up-and-up, and civil.

If you haven't already signed on to the ListServ go to ww3.chirolists.com/cgi-bin/mailman/listinfo/mca-chirolist which will let you subscribe, and will give you further information. There is no password required for this page.

Join the ListServ today!

# The MCA is on Facebook... Have You Liked Our Page?

Are you on Facebook? Then your profile is not complete until you join the MCA Facebook page!

As one of the most popular ways of finding and networking with other chiropractic professionals that share the same interests as you, the MCA Facebook page will allow you to meet and chat with other professionals along with keeping up on the latest MCA news.

The MCA page is now set up and waiting for you! "Liking" our page is simple:

- Go to <u>www.facebook.com/pages/Maryland-Chiropractic-Association-MCA/123750701013620</u>.
- Once the MCA page opens, at the top click "like."

The MCA encourages you to post information, photos, videos and links that you think would be relevant and enriching to your fellow professionals. While this page is open to the public and the MCA encourages people to participate on it, we ask that you please remain professional in your posts.

Have any questions? Contact **Amy Allen**, **DC** by e-mail at <u>amyallendc@gmail.com</u>.